



COMMUNITY EDUCATION PROGRAMS

July - September 2026, WISCONSIN

All programs are free and open to the public.

To register, click on the desired date below or call 800.272.3900.

Looking for more topics? Explore our **Wisconsin On-Demand Ed Programs**. Scan the QR code or visit: bit.ly/ALZOnDemand



Explore our national **ALZ Talks!** Recorded presentations on a variety of dementia and alzheimer's topics. Scan the QR code or visit: bit.ly/ALZTalks



BUILDING BRAIN HEALTHY HABITS

Research shows there are everyday habits you can build today to help protect your memory and thinking as you get older – even reducing your risk of cognitive decline and possibly dementia. Join us to learn about healthy habits for your brain; the brain-heart connection; why brain health is important at all ages,

Thursday, July 9th	6 - 7 p.m.	Virtual	
Wednesday, July 15th	11:30 a.m. - 12:30 p.m.	Mondovi HS Community Resource Fair	337 N Jackson St, Mondovi, WI 54755
Wednesday, July 22nd	11 a.m. - 12 p.m.	Hillview Life Center- La Crosse	3511 Park Lane Drive La Crosse, WI 54601
Tuesday, August 4th	10:30 - 11:30 a.m.	Senior Citizens Activities, Inc.	2378 W. Washington Street West Bend, WI 53095
Thursday, August 6th	10 - 11 a.m.	Verona Azura	15235 WI-32, Lakewood Verona, WI 53593
Wednesday, September 2nd	10 - 11 a.m.	Oak Park Place- Janesville	700 Myrtle Way Janesville, WI 53545
Tuesday, September 29th	6 - 7 p.m.	Virtual	

NEW ADVANCEMENTS IN ALZHEIMER'S TREATMENT

Significant progress in Alzheimer's research has led to advancements in diagnosing, treating and preventing dementia. This program provides an overview of how disease modifying treatments slow disease progression, who are the intended candidates to receive the treatments, availability, and more.

Tuesday, July 21st	4 - 5 p.m.	Virtual	
Wednesday, September 2nd	6 - 7 p.m.	Virtual	

ALZ TALKS: NEWLY DIAGNOSED? REAL TALK ABOUT WHAT COMES NEXT

Being diagnosed with mild cognitive impairment (MCI), Alzheimer's or another dementia can feel overwhelming. Join us for an Early-Stage Connections conversation with three people living with dementia. They will share their experiences, coping strategies, and tips for finding support and moving forward with purpose and connection.

Thursday, July 23rd	2 - 3 p.m.	Virtual	
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2-Part HYBRID: LIVING WITH ALZHEIMER'S: FOR PEOPLE WITH ALZHEIMER'S

This 2-part program is being offered virtually and in person at the Green County Government Building. It is designed for individuals living with Alzheimer's disease or a related dementia. Participants will gain tools, knowledge, and practical strategies to help them understand their diagnosis, plan for the future, and live their best possible life.

Mondays, July 20th & 27th	3:30-5pm.	VIRTUAL: Alz Association 24/7 Helpline 800.272.3900	IN PERSON: Green Co. ADRC 608-426-4295
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THE 10 WARNING SIGNS OF ALZHEIMER'S

Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and

Alzheimer's Association resources.

Wednesday, July 15th	10 - 11 a.m.	Brookfield Azura	16030 Washington Dr Brookfield, WI 53005
Tuesday, July 28th	10 - 11 a.m.	Fox Point Azura	7770 N Port Washington Rd Fox Point, WI 53217
Tuesday, July 28th	10 - 11 a.m.	Mukwonago Azura	215 Chapman Farm Blvd Mukwonago, WI 53149
Friday, July 31st	6 - 7 p.m.	Virtual (In Spanish)	
Thursday, September 17th	1 - 2 p.m.	Virtual	

INFORMACION BASICA DE ALZHEIMER Y DEMENCIA

La enfermedad de Alzheimer no es parte normal del envejecimiento. Únase a nosotros para conocer el impacto del alzhéimer; la diferencia entre la enfermedad de Alzheimer y la demencia; las etapas y los factores de riesgo; las investigaciones y los tratamientos actuales disponibles para algunos síntomas; así como los recursos de la Alzheimer's Association. ----- Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources

Wednesday, September 2nd	5:30 - 6:30 p.m.	Casa Guadalupe Multicultural Center	419 Roosevelt Drive West Bend, WI 53090
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UNDERSTANDING ALZHEIMER'S & DEMENTIA

Join us to learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, their effects on the brain, Alzheimer's disease stages and risk factors, current research and treatments available to address symptoms, and Alzheimer's Association resources.

Tuesday, August 4th	6 - 7 p.m.	Virtual	
Thursday, August 20th	10 - 11 a.m.	Oak Park Place	700 Myrtle Way Janesville, WI 53545
Thursday, August 20th	6 - 7 p.m.	Virtual (In Spanish)	
Friday, September 25th	1 - 2 p.m.	L.E.Phillips Senior Center	1616 Bellinger Street Eau Claire, WI 54703

SUPPORTING INDEPENDENCE

People living with dementia want to remain independent for as long as possible yet caregivers may not know how to balance safety and independence. Learn how dementia changes a person's independence and impacts safety, how to provide the right amount of support, and tips to make every activity meaningful to the person living with dementia.

Wednesday, July 15th	10 - 11 a.m.	Monona Senior Center	1011 Nichols Rd Monona, WI 53716
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COMMUNICATING EFFECTIVELY

As people living with dementia progress in their journey and lose the ability to use words, caregivers can discover new ways to communicate effectively in any stage of the disease. Learn how dementia affects communication, how person-centered approaches can improve communication and much more.

Wednesday, July 15th	10 - 11 a.m.	Mary Beth Nienhaus Activity Center	3000 College Ave Appleton, WI 54915
Tuesday, September 22nd	6 - 7 p.m.	Tamarack Adult Day Services	1020 Sell Drive Hartford, WI 53027

COMMUNICATING EFFECTIVELY & RESPONDING TO DEMENTIA-RELATED BEHAVIORS

Dementia affects a person's ability to communicate and changes in their behaviors. Join us to discover new ways to communicate effectively at any stage of the disease. You will learn tips to improve communication, steps to recognize and manage dementia-related behaviors and their triggers, and how to recognize when additional help is needed.

Monday, August 17th	6:30 - 8 p.m.	Our Lady Queen of Peace	401 S Owen Dr. Madison, WI 53711
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MANAGING MONEY: A CAREGIVER'S GUIDE TO FINANCE

This evidence-based course helps caregivers understand the costs of caregiving and the benefits of early planning and teaches them how to start a conversation about finances, assess financial and legal needs, avoid financial abuse and fraud and find support when needed.

Wednesday, August 12th	1 - 2 p.m.	Virtual	
Tuesday, August 25th	4 - 5 p.m.	Virtual	
Thursday, September 10th	4 - 5 p.m.	Green County ADRC	N3152 WI-81, Monroe, WI 53566
Thursday, September 17th	10 - 11 a.m.	Middleton Sr Center	7448 Hubbard Ave Middleton, WI 53562

EXPLORING CARE & SUPPORT SERVICES

The more caregivers know about the disease, and what to expect, the more prepared they will be for future changes and care decisions. Learn why it's important to plan for care changes, what types of resources and support services are available including respite care, long term care and end of life options.

Tuesday, July 28th	6 - 7 p.m.	Virtual	
Wednesday, August 5th	2:30 - 3:30 p.m.	Home Again Assisted Living-Waunakee	1120 Connery Cove Waunakee, WI 53597
Wednesday, August 26th	2:30 - 3:30 p.m.	Home Again Assisted Living Cambridge	308 England street Cambridge, WI 53523
Wednesday, September 23rd	10 - 11 a.m.	Monona Senior Center	1011 Nichols Rd Monona, WI 53716
Wednesday, September 23rd	2:30 - 3:30 p.m.	Home Again Assisted Living-Columbus	110 Stuart St Columbus, WI 53925