



VIRTUAL EDUCATION PROGRAMS July - September 2026, WISCONSIN

All these virtual programs are free and open to the public.

To register, click on the desired date below or call our 24.7 Helpline at 800.272.3900.

Looking for more topics? Explore our **Wisconsin On-Demand Ed Programs**. Scan the QR code or visit: bit.ly/ALZOnDemand



Explore our national **ALZ Talks!** Recorded presentations on a variety of dementia and alzheimer's topics. Scan the QR code or visit: bit.ly/ALZTalks



ALZ TALKS: NEWLY DIAGNOSED? REAL TALK ABOUT WHAT COMES NEXT

Being diagnosed with mild cognitive impairment (MCI), Alzheimer's or another dementia can feel overwhelming. Join us for an Early-Stage Connections conversation with three people living with dementia. They will share their experiences, coping strategies, and tips for finding support and moving forward with purpose and connection.

| | |
|-------------------------------------|------------|
| Thursday, July 23rd | 2 - 3 p.m. |
|-------------------------------------|------------|

BUILDING BRAIN HEALTHY HABITS

Research shows there are everyday habits you can build today to help protect your memory and thinking as you get older – even reducing your risk of cognitive decline and possibly dementia. Join us to learn about healthy habits for your brain; the brain-heart connection; why brain health is important at all ages,

| | |
|---|------------|
| Thursday, July 9th | 6 - 7 p.m. |
| Tuesday, September 29th | 6 - 7 p.m. |

THE 10 WARNING SIGNS OF ALZHEIMER'S

Alzheimer's and other dementia cause memory, thinking, and behavior problems that interfere with daily living. Join us to learn how to recognize common dementia warning signs; how to approach someone about memory concerns, the importance of early detection and benefits of a diagnosis, possible tests and assessments for the diagnostic process

| | |
|--|------------|
| Friday, July 31st (In Spanish) | 6 - 7 p.m. |
| Thursday, September 17th | 1 - 2 p.m. |

NEW ADVANCEMENTS IN ALZHEIMER'S TREATMENT

Significant progress in Alzheimer's research has led to advancements in diagnosing, treating and preventing dementia. . This program provides an overview of how disease modifying treatments slow disease progression, who are the intended candidates to receive the treatments, availability, and more.

| | |
|--|------------|
| Tuesday, July 21st | 4 - 5 p.m. |
| Wednesday, September 2nd | 6 - 7 p.m. |

UNDERSTANDING ALZHEIMER'S & DEMENTIA

Join us to learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, their effects on the brain, Alzheimer's disease stages and risk factors, current research and treatments available to address symptoms, and Alzheimer's Association resources.

| | |
|--|------------|
| Tuesday, August 4th | 6 - 7 p.m. |
| Thursday, August 20th (In Spanish) | 6 - 7 p.m. |

MANAGING MONEY: A CAREGIVER'S GUIDE TO FINANCE

This evidence-based course helps caregivers understand the costs of caregiving and the benefits of early planning and teaches them how to start a conversation about finances, assess financial and legal needs, avoid financial abuse and fraud and find support when needed.

| | |
|--|------------|
| Wednesday, August 12th | 1 - 2 p.m. |
| Tuesday, August 25th | 4 - 5 p.m. |

EXPLORING CARE & SUPPORT SERVICES

The more caregivers know about the disease, and what to expect, the more prepared they will be for future changes and care decisions. Learn why it's important to plan for care changes, what types of resources and support services are available including respite care, long term care and end of life options.

| | |
|------------------------------------|------------|
| Tuesday, July 28th | 6 - 7 p.m. |
|------------------------------------|------------|

LIVING WITH ALZHEIMER'S: FOR PEOPLE WITH ALZHEIMER'S 2-PART

This 2-part program is designed for individuals living with Alzheimer's disease or a related dementia. Participants will gain tools, knowledge, and practical strategies to help them understand their diagnosis, plan for the future, and live their best possible life.

| | |
|---|-------------|
| Mondays, July 20th & 27th | 3:30-5 p.m. |
|---|-------------|